



JOB DESCRIPTION
Community Health Worker
Family Check-Up Heart

December 2022

The mission of Healthy Start is to improve maternal and child health and to reduce poor birth outcomes and infant mortality in Allegheny County.

Overview:

Healthy Start is seeking a full-time Community Health Worker to implement the [Family Check-Up Intervention](#) and case management services with women and birthing people in the Pittsburgh area who are engaged in a heart health research study conducted by Magee Women's Research Institute, Healthy Start and University of Pittsburgh. As a part of the Healthy Start multidisciplinary team, the Community Health Worker must have a passion for maternal and child health, and be prepared to focus on health equity—using evidence-based practice to support Healthy Start's unique contributions to the field of maternal and child health, eradicating disparities faced by members of the Black community, and working to serve the Healthy Start participant population and the community at large.

Duties of the Position:

- Learn and apply the Family Check-Up, an evidence-based parenting intervention that incorporates motivational interviewing, family systems, and parent skills training.
- Participate as a part of a research team to deliver the FCU and heart health education to eligible families.
- Provide home- and community-based case management and coordination services to eligible participants.
- Maintain a caseload of approximately 10-15 families each week, averaging 45-50 families each year.
- Receive referrals, offer supports and provide Family Check-Up services to families with newborns soon after the baby's birth.
- Link program participants to community resources such as housing, transportation, food and mental health services. Promote and support Healthy Start's internal referral programs.
- Provide evidence-based and evidence-informed education including, but not limited to: breastfeeding, immunization, safe sleep, family planning, smoking cessation, nutrition, mental health, physical health, stress, domestic violence.
- Responsible for attending weekly individual and group supervision and staff meetings, collaborate with other community and/or research staff, as well as appointment scheduling and record-keeping.

Requirements:

- Prefer at least 2-3 years of experience in counseling or mental health but those with lesser experience are still encouraged to apply.
- Experience working with home visiting and/or populations experiencing health disparities.
- Excellent interpersonal and relationship-building skills and the ability to work effectively with a wide range of individuals and constituencies within our diverse community.
- Combinations of education and experience will be considered. Consideration/preference will be given to job-related education (i.e., certifications, etc.)

Other:

- COVID vaccination required
- Act 33/34 clearances are required
- A valid unrestricted Pennsylvania Driver's License (preferred but not required)
- Current and valid unrestricted automobile insurance and be listed as an insured driver

Skills and Knowledge Required:

- Passion, energy, and drive.
- Ability to provide education and direct support to program participants and their supports (partners, other family members, medical providers, etc.)
- Knowledge of prevention strategies needs and risk assessment and family systems.
- Understanding of community and service delivery systems.
- Ability to motivate and guide participants to keep appointments, obtain goals and take advantage of services.
- Ability to work with multi-cultural participants/agencies.
- Attention to detail.
- Excellent organizational, interpersonal, communication (written and verbal), and analytical skills.
- Must be able to prioritize and multi-task while working in a fast-paced environment.
- Commitment to developing an understanding of the Healthy Start model.
- Ability to follow instructions, take direction from management and comply with the boundaries of the established policies and procedures, while embracing the importance of contributing new ideas.
- Strong computer literacy (Microsoft Professional Office, Access) and understanding of basic data analytics.
- Ability to meet deadlines and process assignments in a timely and accurate manner.
- Work well under pressure and be able to prioritize and manage multiple tasks.
- Ability to travel within Allegheny County.
- Commitment to protecting the confidentiality of employee and agency information.
- Professional demeanor is required as you will interact with persons at all levels within the organization, outside of the organization and community.
- Must possess a valid unrestricted Pennsylvania Driver's License and current and valid unrestricted automobile insurance and be listed as an insured driver.
- Personal transportation with employee listed as an insured driver on the vehicle used for work.

Supervisory Relationship:

This position works under the direction of the Director of Clinical Practice and Home Visiting, with some project supervision from the Research Manager.

Compensation:

- Starting salary is between \$48,000- \$52,000
- Excellent health, educational, and retirement benefits.

This is an exempt position.

To apply, email resume and cover letter to hr@hsipgh.org.

Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions. Nothing in this job description restricts management's right to assign or reassign duties and responsibilities to this job at any time.